

CLASS

Chlamydia Screening Study

INSTRUCTIONS SPECIMEN COLLECTION FOR MEN

PLEASE REMEMBER THAT THIS
STUDY IS COMPLETELY
CONFIDENTIAL

If you have a query about any aspect
of the study please call
Freephone 0800 975 9985

THANK YOU FOR YOUR HELP

IMPORTANT: PLEASE READ FIRST

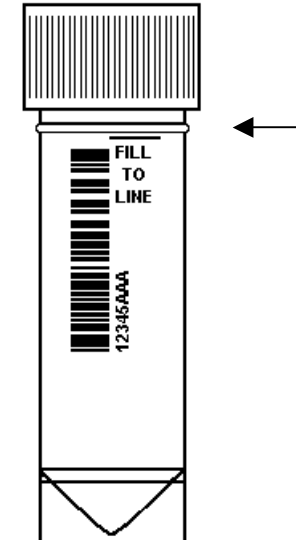
- Please take and return your specimen any morning between **MONDAY AND FRIDAY**. Specimens posted for return on other days may result in delays in processing and reduce the quality of the laboratory test.
- To ensure that we have sufficient urine to test this sample it is important that you fill up to, but not above, the line marked on the bottle.
- This specimen must be taken **FIRST** thing in the morning **BEFORE** washing yourself.

There is a plastic glove in the box that you may wish to use when taking your specimen.

As you may be sleepy first thing in the morning, to remind you, it may help if you put your sample pack on top of the toilet lid at night before you go to bed.

INSTRUCTIONS ON HOW TO COLLECT THE URINE SAMPLE

1. Remove the absorbent wrapping from the urine bottle and remove the cap.
2. Fill the container with the first urine that you pass in the morning. (It is especially important that this is the first part of 'the stream').
3. Pass urine into the bottle until the urine level reaches the mark 'FILL TO LINE' shown on the label.



4. Screw the cap back on tightly.
5. Re-wrap the absorbent material around the urine bottle and hold it firmly in place with the elastic band.
6. Put the urine bottle into plastic bag, squeeze out excess air and seal the clip on top.
7. Place the bag and urine container in the box marked 'sample return box'
8. Place the 'sample return box' in the FREEPOST envelope.
9. Record the time and the date you collected the urine sample on the Questionnaire.
10. Please ensure the FREEPOST envelope also contains the
 - Completed questionnaire
 - **Signed** consent form

Remember

Please put the envelope in the post as soon as possible on the morning you take your specimen. If the envelope does not reach the laboratory within 24 hours your sample may not be suitable for testing.