

**Reminder letter from GP to patients who have not returned the baseline anxiety questionnaire**

*To be sent on GP headed note paper*

<Address><Study ID>

Dear

**Study to measure well-being**

Recently you should have received a questionnaire entitled “Measuring Well-being”. You may recall that in collaboration with the Universities of Bristol and Birmingham, we are undertaking research to test how well this questionnaire measures well-being in men and women aged between 16 and 39 who are registered with a general practice in Birmingham and Bristol. This study is funded by the National Health Service.

We would really appreciate it if you could spare the time to complete the questionnaire. A second copy has been enclosed in case you do not have the original we sent. You only need to complete one copy. The more replies we get the better we will be able to tell how well this questionnaire measures people’s well-being. The questionnaire only takes, on average, five minutes to complete. When you have filled it in please could you send it back in the envelope provided. You do not need to use a stamp as the postage is paid for.

If, however, you have recently completed and returned the questionnaire then we apologise and thank you for having done so. If not, we hope you will be able to spare a few minutes to complete this questionnaire but you do not have to do so. Deciding not to take part in this research will not affect the care you receive in any way.

Your name does not appear on the questionnaire and if you complete and return it all the information you provide will be kept strictly confidential. Your answers will be added together with those of the other 2700 people being asked to take part in this study. No one will be individually identified in any published results of this study.

If you have any questions about this study please do not hesitate to contact:

Dr Nicola Mills  
Department of Social Medicine, University of Bristol, Canynge Hall, Whiteladies Road,  
Bristol BS8 2PR  
Telephone: 0117 9287210

Thank you for your time.

Yours sincerely

*The letter will be signed by a GP from the practice concerned.*